



TOUR TRIPS INDIA HOLIDAYS · DETAILED ITINERARY

Sri Lanka Cultural Triangle & Tea Country

8 days through Sigiriya Rock, Kandy's Tooth Temple, tea plantations and ancient cities.

Duration	8 Days · 7 Nights
Country	Sri Lanka
Locations	Colombo, Sigiriya, Dambulla, Polonnaruwa, Kandy, Nuwara Eliya, Ella, Yala, Galle
From (USD)	\$1110 per person
Difficulty	Easy
Max group	14

Overview

The serendipitous island. Climb the 5th-century Sigiriya Rock fortress, see the Sacred Tooth Relic at Kandy's Temple, ride the world's most beautiful train through tea-covered hills to Ella, and tour the ruined cities of Anuradhapura and Polonnaruwa.

Highlights

- Sigiriya Rock Fortress (5th century, UNESCO)
- Dambulla Cave Temples (153 Buddha statues)
- Temple of the Tooth Relic, Kandy
- Train through tea country: Nuwara Eliya → Ella

- Yala National Park leopard safari
- Galle Fort Dutch architecture

Day-by-Day Itinerary

Day 1 — Arrive Colombo → Sigiriya

Welcome at Colombo airport, drive to Sigiriya.

Stay: Heritance Kandalama (eco-resort) | **Meals:** Welcome dinner | **Transfer:** Airport pickup | **Distance:** Colombo → Sigiriya · 175 km · 4 hrs

Day 2 — Sigiriya Rock + Dambulla

Pre-dawn Sigiriya climb (1,200 steps) to the 5th-century palace ruins. Afternoon Dambulla cave temples.

Stay: Heritance Kandalama | **Meals:** Breakfast | **Transfer:** AC vehicle | **Distance:** Local

Day 3 — Sigiriya → Polonnaruwa → Kandy

Cycle Polonnaruwa ruins (ancient capital, 11th century). Drive to Kandy.

Stay: Theva Residency Kandy | **Meals:** Breakfast | **Transfer:** Bicycle + AC vehicle | **Distance:** Sigiriya → Kandy · 95 km · 2.5 hrs

Day 4 — Kandy — Temple of Tooth

Botanical Gardens at Peradeniya. Evening prayers at the Sacred Tooth Relic Temple — traditional Kandyan dance.

Stay: Theva Residency | **Meals:** Breakfast, cultural show dinner | **Transfer:** AC vehicle | **Distance:** City

Day 5 — Kandy → Nuwara Eliya by train

The world's most beautiful train journey — through tea country hills. Tea factory tour.

Stay: Heritance Tea Factory (former tea factory) | **Meals:** Breakfast | **Transfer:** Train + sedan | **Distance:** Kandy → Nuwara Eliya · 4 hr train

Day 6 — Nuwara Eliya → Ella → Yala

Train Nuwara Eliya → Ella (final leg). Drive to Yala. Sunset jeep safari.

Stay: Wild Coast Tented Lodge Yala | **Meals:** Breakfast | **Transfer:** Train + jeep | **Distance:** Yala · safari

Day 7 — Yala safari → Galle

Sunrise safari (leopards + elephants). Drive to Galle. Sunset on the Dutch fort ramparts.

Stay: Amangalla Galle / Galle Fort Hotel | **Meals:** Breakfast | **Transfer:** Jeep + sedan | **Distance:** Yala → Galle · 175 km · 4 hrs

Day 8 — Galle → Colombo · Departure

Galle walking tour. Drive to Colombo airport.

Stay: — | **Meals:** Breakfast | **Transfer:** AC sedan | **Distance:** Galle → Colombo · 120 km · 2.5 hrs

Inclusions

- ✓ Boutique heritage hotels
- ✓ All transfers + 2 train journeys
- ✓ Private guide
- ✓ Daily breakfast + 2 dinners
- ✓ Sigiriya, Dambulla, Polonnaruwa, Tooth Temple, Yala entries
- ✓ Yala 2 safaris
- ✓ Kandyan dance show

Exclusions

- ✗ Flights to Colombo
- ✗ Sri Lanka visa-on-arrival (USD 50)
- ✗ Lunches & most dinners
- ✗ Tips

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