



TOUR TRIPS INDIA HOLIDAYS · DETAILED ITINERARY

Spiritual India — Varanasi & Rishikesh

Witness the eternal Ganga aarti at Varanasi and find stillness in Rishikesh, the yoga capital.

Duration	8 Days · 7 Nights
Country	India
Locations	Delhi, Varanasi, Bodhgaya (optional), Haridwar, Rishikesh
From (USD)	\$747 per person
Difficulty	Easy
Max group	12

Overview

An 8-day soulful pilgrimage. Float past burning ghats at dawn in Varanasi, learn meditation from Himalayan masters in Rishikesh, and visit Sarnath where Buddha gave his first sermon. Deeply moving for spiritual seekers and curious travellers alike.

Highlights

- Ganga Aarti at Dashashwamedh Ghat
- Sunrise boat ride on the Ganges
- Daily yoga & meditation in Rishikesh ashram
- Sarnath — where Buddha first preached
- Beatles Ashram visit

Day-by-Day Itinerary

Day 1 — Arrive Delhi

Welcome, rest, evening short heritage walk in Lodi.

Stay: Boutique Delhi hotel | **Meals:** Welcome dinner | **Transfer:** Airport pickup | **Distance:** 16 km

Day 2 — Delhi → Varanasi

Morning flight to Varanasi. Check in to ghat-side haveli. Evening Ganga aarti from boat at Dashashwamedh Ghat.

Stay: BrijRama Palace / Taj Nadesar | **Meals:** Breakfast | **Transfer:** Flight + auto-rickshaw | **Distance:** Delhi → Varanasi · 1 hr 20 min

Day 3 — Varanasi — Sacred City

Pre-dawn boat ride past 84 ghats. Sarnath after breakfast. Afternoon old city walking tour. Evening aarti repeat — never the same twice.

Stay: BrijRama Palace / Taj Nadesar | **Meals:** Breakfast | **Transfer:** Boat + walking | **Distance:** Within city

Day 4 — Varanasi → Bodhgaya (optional day trip / overnight)

Long-day option to Bodhgaya — Mahabodhi temple where Buddha attained enlightenment, meditate under the descendant Bodhi tree.

Stay: Bodhgaya hotel or return to Varanasi | **Meals:** Breakfast | **Transfer:** AC sedan | **Distance:** ~250 km · 5 hrs

Day 5 — Varanasi → Delhi → Haridwar

Morning flight back to Delhi, transfer to Haridwar by car. Evening Har-ki-Pauri aarti — thousands of diyas in the Ganges.

Stay: Haveli Hari Ganga or similar | **Meals:** Breakfast | **Transfer:** Flight + AC sedan | **Distance:** Delhi → Haridwar · 220 km · 4 hrs

Day 6 — Haridwar → Rishikesh

Short drive to Rishikesh. Lakshman Jhula, Triveni Ghat, optional yoga class.

Stay: Ananda in the Himalayas / Atali Ganga | **Meals:** Breakfast | **Transfer:** AC sedan | **Distance:** Haridwar → Rishikesh · 25 km · 45 min

Day 7 — Rishikesh — Ashram Day

Morning yoga & meditation. Optional Ayurveda massage. Afternoon Beatles ashram (where the Fab Four wrote songs in 1968), evening private aarti.

Stay: Ananda in the Himalayas / Atali Ganga | **Meals:** Breakfast, lunch | **Transfer:** Walking | **Distance:** —

Day 8 — Rishikesh → Delhi · Departure

Morning leisure. Drive to Delhi airport for evening flight.

Stay: — | **Meals:** Breakfast | **Transfer:** AC sedan | **Distance:** Rishikesh → Delhi · 240 km · 5 hrs

Inclusions

- ✓ Heritage hotels & ashram-style retreats
- ✓ All transfers + 1 domestic flight (Delhi-Varanasi)
- ✓ Daily yoga session (Rishikesh)
- ✓ Spiritual guide
- ✓ Daily breakfast
- ✓ Boat rides + aarti boat

Exclusions

- ✗ International flights
- ✗ Visa
- ✗ Lunches & dinners except mentioned
- ✗ Ayurveda treatments (optional add-on)

Tour Trips India Holidays · P-10 Tajnagri Phase 1, Agra · +91 70177 98524 · info@ttiholidays.com